Help with the Cost of Living

Our reference: COL1ER 01/24
We know people are worried about rising costs to their living expenses, so the government is offering support.

This easy read leaflet gives more information about the Cost of Living Payments to households.

For more information, go to [gov.uk/helpforhouseholds](https://gov.uk/helpforhouseholds)
People on certain means tested benefits

Millions of people on certain means tested benefits will receive the third of 3 Cost of Living Payments in 2023/24. This could total up to £900.

The first payment of £301 was paid automatically during Spring 2023.

The second payment of £300 was paid automatically during Autumn 2023.
The third payment of £299 will be paid between 6 February and 22 February 2024 for most people.

Those who qualify will receive their payment the same way they receive their regular benefit payments.

You do not need to apply as the payment is automatic.
If you have had a message asking you to apply or contact someone about the payment, this may be a scam.
People getting tax credits

People getting tax credits and no other means tested benefits will get their payment from His Majesty’s Revenue and Customs.

The first payment of £301 was paid automatically in Spring 2023.

The second payment of £300 was paid automatically during Autumn 2023.
The third payment of £299 will be paid to customers who only get tax credits. This will be paid between 16 February and 22 February 2024, in the same way you receive your regular tax credits payments.
You may qualify for further government support depending on your circumstances.

Find out more about the range of government support with the Cost of Living. Go to gov.uk/helpforhouseholds